



# MMV News You Can Use

June 2021

**June** is an exciting month—working and playing in the sunshine is the theme!

Events in our newsletter honor **National Pollinator Month**, **National Fresh Fruit and Vegetable Month**, Great Outdoors Month, **Juneteenth**, and Father's Day. Many of us kick off summer in Vermont by planting vegetable and flower gardens; don't miss pre-registering for the seminar "**Aging Gardens, Aging Gardeners**" which will be held June 1.

Enjoy a sunny June!

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Events are online only & free to all unless noted otherwise.

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## QUESTION OF THE MONTH for JUNE

***What historical event would you like to know more about and why?***



*"There continue to be novels and non-fiction books written about World War II, but most of them focus on Europe or the Pacific. It would be interesting to know more about the war in northern Africa and what influence it had on current issues in the region." ~ Nancy M.*

By June 15, please click on **this form** to submit your answer OR send us an email at **mountmansfieldvillages@gmail.com** OR mail your response to: PO Box 31, Underhill Center, VT 05490.

View responses to past & present "Question of the Month" **here**.

# WELCOME SUMMER OUTDOORS!

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Summer is a precious time in Vermont. The moment it arrives, Vermont bursts with opportunities to gather outdoors—from impromptu picnics to organized festivals. At this point in the receding pandemic, we feel more comfortable about gathering in groups, especially in the open air.

Enjoy the abundance of free—or mostly-free—outdoor gatherings. If you need a ride, consider inviting a friend or a neighbor who drives and make it into a social outing! Bring your mask along in case the venue requires it.

- **“VERMONT DAYS”**

**Sat, June 12, 2021, 10:00am–Sun, June 13, 2021, 7:00pm**

This [annual weekend in June](#) celebrates summer’s arrival with [free State Park day-use](#) entry, free [VT History Museum](#) admission (Sat. only), free [State Historic Site](#) entry, and a [free fishing day](#) (Sat. only).

- **FOOD TRUCK NIGHTS—MOORE PARK, UNDERHILL**

**Friday, June 18, 5:00pm–8:00pm**

The third Friday of each month—June through September—will feature local eats and music. Our first is Friday, June 18th, with Red Hot Juba.

- **JUNETEENTH—ROKEBY MUSEUM & FARM, FERRISBURGH**

**Saturday, June 19, 10:00am–5:00pm**

Historic farm property and museum, [Rokeby](#) connects visitors with the human experience of the Underground Railroad and offers free admission on June 19th—Juneteenth, Emancipation Day.

- **FARMERS MARKET—MILLS RIVERSIDE PARK, JERICHO**

**Thursdays, 3:00pm–6:30pm**

This wonderful community market supports local farmers and artisans and serves as a community gathering space and access to fresh, local food.



# YOU'RE FIRED

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Hello, Mount Mansfield Members,

We have been given ten "paint your own mug" kits from River Arts in Morrisville (courtesy of Lamoille Neighbors). Each kit has a white mug, a paintbrush, blue paint, and instructions. We invite you to join us at the Good Shepherd Lutheran Church in Jericho on Wednesday, June 9th from 2:00pm to 4:00pm to paint a mug with your fellow members.



The mugs will then be delivered back to River Arts by June 13th for glazing and firing and then returned to us by July 1st, and we'll deliver your beautiful, one-of-a-kind mug to your home.

Refreshments will be served!

To register, send email to [info@mountmansfieldvillages.org](mailto:info@mountmansfieldvillages.org) or call MMV at 802-858-5381. The first ten people to register will receive a mug to paint. If you just want to come and socialize, that's OK too! And as always, if you need a ride, just let us know.

Hope to see you there,

MMV Activity Committee



# AGING WELL

- **COPING WITH COVID: MANAGING RE-ENTRY ANXIETY**

**Tuesday, June 15, 1:00pm–2:00pm**

COVID Support Vermont

Explore techniques to manage stress and create a personal framework around resuming in-person contact. Register [here](#).

- **CAREGIVING FOR PERSONS LIVING WITH DEMENTIA AND THEIR CAREGIVERS**

**Tuesday, June 22, 2021, 8:30am–3:45pm**

UVM Larner College of Medicine—The Center on Aging, 2021 Gerontology Symposium

Dr. Joseph Gaugler, Professor and Chair in Long Term Care and Aging at the University of Minnesota, will give the keynote address, focusing on elevating and maintaining the voice of persons living with dementia. Discounted conference registration \$20 at [this link](#).



- **BRAIN IT ON**

**Thursday, June 24, 2021, 3:00pm–4:30pm**

HFC and the Women's Alzheimer's Movement (WAM)

Learn more about the connection between Alzheimer's and brain health and ways that we can all take a step forward on our journey—candid conversations, actionable steps, and surprise guests! Register [here](#).



- **ACTIVITY GROUPS—OLDER VERMONTERS: GAMES & SOCIAL TIME**

**Wednesdays, 2:00pm–3:00pm**

COVID Support Vermont

Join a weekly group for virtual interactive games and fun activities that promote connection and coping skills. Invite your friends, and we will happily help them connect for this interactive time. Register [here](#).

# CHANNEL YOUR CREATIVITY

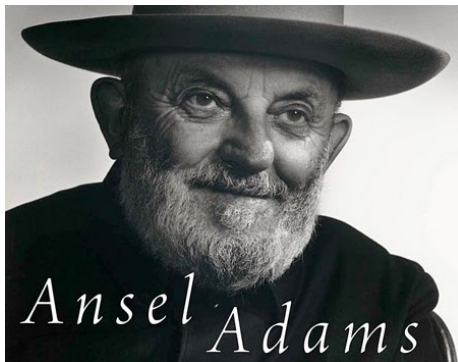
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- **ALL-COMERS VIRTUAL SLOW-JAM**

**Thursday, June 10, 2021, 6:30pm–8:00pm**

Seven Stars Arts in Action

All-ages-all-levels, New England contra/square dance repertoire music session. Everyone except the facilitator is muted during tunes so it is a safe space to explore your instrument. Request the Zoom link [here](#).



- **ANSEL EASTON ADAMS: THE MAN AND HIS PHOTOGRAPHY**

**Tuesday, June 15, 2021, 5:30pm–7:00pm**

Green Mountain Academy for Lifelong Learning

Writer and photographer Christopher Dant talks about Ansel Easton Adams, the most influential and beloved photographer and conservationist of the 20th century. Registration \$15 at [this link](#).

- **VIRTUAL POETRY OPEN MIC**

**Thursday, June 24, 2021, 7:00pm–8:30pm**

Phoenix Books

Virtually attend—to read and/or to listen. Those interested in reading can sign up at the beginning of the meeting, via the Zoom Chat Box feature. Registration [here](#).

- **ART STROLL IN DOWNTOWN BARRE ♦ IN-PERSON ♦**

**Thurs, May 20, 2021–Tues, August 31, 2021**

Studio Place Arts, Barre

Enjoy a self-guided tour of downtown Barre's beautiful, thought-provoking, historic, and contemporary granite sculptures. A slide show and online map can be found [here](#). While there, treat yourself to the exhibits at [Studio Place Arts!](#)





## PROUD TO BE A VERMONT

- **VIRTUAL ABENAKI HERITAGE WEEKEND**

**Wed, June 16, 2021, 1:00pm–**

**Sun, June 20, 2021, 9:00pm**

Vermont Abenaki Artists Association

In this 5-day virtual celebration of Abenaki heritage, meet culture bearers and experience the Abenaki contribution to life in Vermont. Enjoy conversations, arts, traditions, stories, and more. Register [here](#).



- **OPEN STUDIO WEEKEND FOR VISITORS**

◆ **IN-PERSON EVENT** ◆

**Sat, June 19, 2021–Sun, June 20, 2021**

Vermont Crafts Council

Rumor has it that art studios will be open for visiting in person on Father's Day weekend! Visit [this website](#) for confirmation & a map.



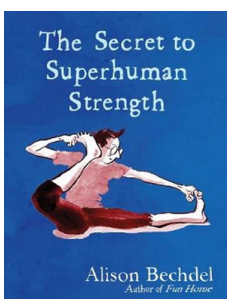
- **CROP MOB: PEOPLE'S FARM** ◆ **IN-PERSON EVENT** ◆

**Thursday, June 24, 2021, 9:00am–12:00pm**

Intervale Center

Join other physically-distanced volunteers at the Intervale Center's People's Farm to help and steward a farm growing food for people experiencing food insecurity. For more info and sign up use [this link](#).

- **STUCK IN VERMONT: ALISON BECHDEL SHARES *THE SECRET TO SUPERHUMAN STRENGTH***



**15 min. video—stream anytime**

Seven Days

Enjoy this conversation with Vermont cartoonist Alison Bechdel about her new, full-color graphic novel *The Secret to Superhuman Strength*. Stream [here](#).

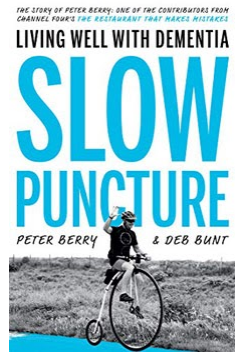
## ENHANCE YOUR KNOWLEDGE

- **BOOK DISCUSSION—*SLOW PUNCTURE: LIVING WELL WITH DEMENTIA***

**Tuesday, June 8, 2021, 10:30am**

AlzAuthors and HFC

Meet authors Peter Berry and Deb Bunt and discuss their book, *Slow Puncture: Living Well With Dementia*, #1 in the Summer Book Series for Alzheimer's and dementia families and caregivers. Register [here](#).



- **MURDER IN THE VERMONT WOODS: A STORY ABOUT RACE, CLASS, AND GENDER IN THE 19TH CENTURY**

**Tuesday, June 8, 2021, 7:00pm**

Vermont Humanities Speaker Bureau and VCPPI

Historian Jill Mudgett recounts the late 1800's murder of an Indigenous man in Vermont and recreates the larger picture of community connections, poverty, and racism in a rural Vermont hill town. Program info [here](#). Email [info@vtcpi.org](mailto:info@vtcpi.org) or call (802) 730-5260 to register.

- **CURRENT EVENTS DISCUSSION GROUP—ONLINE OR PHONE-IN**

**Tuesdays, 10:00am–11:30am**

Brownell Library

This current events discussion group attempts to reflect on what the news means, its context, and its ramifications. Registration information on the online events calendar [here](#) or call the library at 878-6955.

- **EEE: WHAT THE CENTER FOR CULTURAL PLURALISM DOES AT THE UNIVERSITY OF VERMONT AND WHY THAT NAME?**

**60 min. video—stream anytime**

This recent Education & Enrichment for Everyone recording features UVM's Dr. Sherwood Smith speaking on Pluralism, understanding multiple perspectives from different cultural experiences and lenses. View [here](#).

## INSPIRED BY NATURE

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- **AGING GARDENS, AGING GARDENERS**

**Tuesday, June 1, 2021, 7:00pm–8:00pm**

Deborah Rawson Memorial Library

To help all of us come to terms with our aging but beloved gardens, Ann McEntee presents strategies for gardening more wisely; taking care of ourselves as we garden; prioritizing gardening tasks; managing mature plants; and, creating smaller, simpler gardens. Register [here](#).

- **FABULOUS FANTASTIC FERNS: A WORKSHOP WITH LYNN LEVINE** ♦ **IN-PERSON EVENT** ♦

**Saturday, June 5, 2021, 10:00am–12:30pm**

Nature Connect and Vermont Woodlands

This in-person workshop in Dummerston, VT will be led by Lynn Levine, author of a recently published book on identifying ferns. Maximum 15 people; June 2 registration deadline [here](#). \$20 fee includes receiving Lynn's book.



- **MOOSE ON THE LOOSE**

**Tuesday, June 8, 2021, 6:30pm–7:30pm**

Vermont Coverts and Vermont Fish and Wildlife

Learn about the history of moose in Vermont, their habitat needs, and threats. The discussion will also provide strategies for enhancing your woodlot to benefit Vermont's moose. Register [here](#).

- **GARDENING WITH WILDFLOWERS: MAKING SPACE FOR POLLINATORS AND OTHER WILDLIFE**

**Wednesday, June 23, 2021, 5:30pm–6:30pm**

Vermont Land Trust

Join us for tips on VT's native wildflowers, evaluating the habitat you have, selecting plants, designing your garden, and more! Register [here](#).



## MEET A FRIENDLY NEIGHBOR

**Jeanne Hutchins** is a flatlander. She grew up in southwestern Michigan near Lake Michigan. She moved to Vermont in 1981 by way of Chicago and New Hampshire. Her careers in Vermont have included Digital Equipment, Johnson State College, Lane Press, and for the past 20 years UVMHC and Larner College of Medicine, Center on Aging where she is the Executive Director.



Jeanne and her husband, Bruce, live in Pleasant Valley and have a blended family of four children. Three of the four also work at UVMHC. The youngest is the Athletic Director at South Burlington High/Middle school. They feel very fortunate to have all of their children in Cambridge and Colchester especially since they also have 3 grandchildren.

"Pleasant Valley offers so many opportunities for our family to enjoy the outdoors and each other," said Jeanne. "We can hike, walk, bike, ski, and snowshoe right from our dooryard." She also shared that the grandchildren spent a lot of time this winter sledding on their lawn where everyone could socially distance and enjoy time together. Jeanne said she and Bruce have a close group of friends that play tennis once a week



*Bernie drops in for some socially-distanced fun on Jeanne & Bruce's deck this winter.*

in the summer and are always finding an excuse to get together for a party.

In her job with the Center on Aging, Jeanne has always promoted the Village Movement. When she suggested to her book group that it was time to start one in their towns, several members joined forces and are still either supporters, volunteers, or on the Board of Directors of Mount Mansfield Villages.

“It’s been a lot of hard work by many dedicated people. I just love that we in Mount Mansfield Villages are able to help our neighbors and friends stay here in our community.”



It takes a village to help older adults stay in their homes, live independently, and remain connected. Mount Mansfield Villages (MMV) is a nonprofit, membership organization formed to provide a supportive village for residents of Cambridge, Underhill, & Jericho.

Want More Information about MMV? You can:

- visit our website [www.mountmansfieldvillages.org](http://www.mountmansfieldvillages.org)
- email us at [mountmansfieldvillages@gmail.com](mailto:mountmansfieldvillages@gmail.com)
- call us at (802) 858-5381

Please get in touch if you’d like to explore becoming a member, volunteer, sponsor, donor, or commercial service provider.

# COOK'S CORNER

## RASPBERRY-RHUBARB CAKE

*Submitted by Nancy McRae, MMV Volunteer & Board Member*

- |                                     |  |
|-------------------------------------|--|
| 2 ½ cups diced rhubarb              | 2 cups flour (+ ½ cup if using frozen rhubarb) |
| 1 pkg. (3 oz.) raspberry jello      | 1 teas. baking powder                          |
| 1 cup brown sugar                   | 1 teas. baking soda                            |
| ½ cup (1 stick) margarine, softened | ½ teas. salt                                   |
| 2 eggs                              | 1 cup (8 oz.) raspberry yogurt                 |
| 1 teas. vanilla                     | Powdered sugar                                 |

Dice rhubarb (if very stringy, pull off some of the strings). Place in a bowl and sprinkle with the dry jello. Mix lightly and set aside.

Cream brown sugar and margarine thoroughly. Add eggs, one at a time, mixing after each addition. Add vanilla.

Combine flour, baking powder, soda, and salt. Mix alternately into egg mixture with yogurt, beginning and ending with the flour mixture. Stir rhubarb and add to batter. Stir until well combined.

Pour into a greased, floured 12" x 7 ½" baking pan or a bundt pan. Bake at 350° for ~ 45 min. Cool completely. Dust with powdered sugar, if desired.



*Nancy's delicious  
Raspberry-Rhubarb Cake*

*"Many years ago, when St. Mary's had a Christmas bazaar, the church ladies would assemble at someone's home to work on craft projects. Ann Jankoski made up this recipe to serve us one evening when we were meeting at her home. We have always enjoyed it with ice cream, particularly because it has no frosting."*

*~ Nancy McRae*

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## REMEMBER WHEN JERICHOS...

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*Courtesy of Gary Irish, Local Historian*



Brown's River Maple Products was in a building where Mane Street Stylists is today in Jericho Corners. The building in the photo was destroyed when a truck ran into it.

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The Community Building was where the apartment building between Joe's Snack Bar and Mel's store is today. Built in 1929 by Jed Varney to replace his blacksmith shop when the Route 15 covered bridge was replaced and his shop was taken down, then became the community center, then apartments and burned in 1968.



George Woodruff's store was purchased in the 1940s by the Rotunda Brothers, Tom and Joe. Joe's son, Joe, Jr., built the snack bar beside the store in 1950, and the store burned in 1963, along with the old drug store just to the west.





Jericho Bicentennial parade  
just turning into the Jericho  
Corners school.

And the year is \_\_\_\_\_ ?

[1963]

The Jericho Lumber  
Company was on Cilley  
Hill Road, went out of  
business about 1960,  
and the building was  
converted into a house  
that is still there today.



Vermont State placed hundreds of  
these concrete picnic tables in rest  
areas all around the state, but  
most, if not all, have since been  
torn out.



Recognize this interior during its  
2010 renovation? More photos and  
history of this grand old building in  
a future "Remember When  
Jericho..." column.

[G.A.R. Hall]



## ARMCHAIR ADVENTURERS



On April 16 MMV hosted a virtual “Armchair Travel” event. We had eleven members and volunteers attend the online 4:00 p.m. session.



Betsy started by sharing a family trip to the Grand Canyon with her husband and 10-year-old daughter and their best friends and son, also 10. They did the mule trip from the south rim to the floor of the canyon, stayed overnight at Phantom Ranch, and returned to the south rim the next day. It was breathtaking, scary (for some of us, not the kids!) and lots of fun.

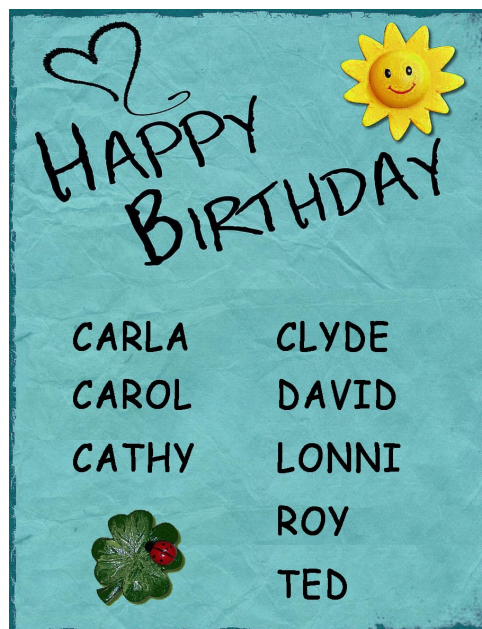
Jeanne’s travels included a small mail-plane day trip from Anchorage, Alaska around Denali to a remote fishing camp. Nancy and Howie have been on numerous Road Scholar trips, the most memorable including a helicopter ride into the Grand Canyon for a raft trip. Steve also described kayaking with his wife on their honeymoon through some roiling rapids on the Snake River in Wyoming near Yellowstone. Doreen has had many travel adventures but a safari in Africa stood out. Sandy and Roger had a memorable trip to Prague, Budapest, and Vienna staying in a friend’s apartment. As a graduate student abroad, Sarah enjoyed traveling and doing archeological digs in France.

It was fun to hear about the different trips and to imagine a time in the near future when we can start to travel again!

## MEMBERS' MEMORANDUM

***MMV News You Can Use*** is a resource to share information that might be of interest to its members, volunteers, sponsors, and friends. The events listed are a collection of activities—mostly digital and in the local area—that may appeal to our readers. Mount Mansfield Villages does not endorse event providers or listings other than the events it specifically sponsors or co-sponsors.

If you have suggestions for postings, problems with “links” in the newsletter, or if you wish to unsubscribe, please let us know at [mountmansfieldvillages@gmail.com](mailto:mountmansfieldvillages@gmail.com).



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