

# NEWS YOU CAN USE



## Mount Mansfield Villages

### MAY 2022

Birds are nesting, seedlings are hardening off, and the grass is growing with exuberance! May brings us [Skin Cancer Awareness](#) month and [Jewish American Heritage](#) month.

Vermont's May full [Flower Blood Moon](#) will be preceded by a total lunar eclipse peaking at 12:11am Monday, May 16.

May 7—[Green Up Vermont Day](#)

May 8—[Mother's Day](#)

May 8—[V-E Day](#)

May 12—[Nat'l Limerick Day](#)

May 20—[Endangered Species Day](#)

May 30—[Memorial Day](#)

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Listed events are a smattering of options—with a focus on free, relatively local, and in-person **unless noted otherwise**.



### ~ OPEN STUDIO WEEKEND ~

**Saturday, May 28 & Sunday, May 29, 2022**

Celebrate the holiday weekend and support locally made art! Over 150 Vermont artists welcome you into their studios from **10am-5pm** to enjoy visual inspiration and see how their art is produced. [Online maps](#) show participating studios, or you can order a hardcopy [map booklet](#).

## MEMBERS' MEMORANDUM



**ARTY PARTY**  
**~ FLOWER POT DECOUPAGE ~**  
**Tuesday, May 3, 2022, 1:30pm–3:30pm**



**Good Shepherd Lutheran Church, Route 15, Jericho**  
Sponsored by Mount Mansfield Villages

Usher in springtime with color and pizzazz—make something beautiful for your porch or patio! Join us for a fun afternoon of decoupage with Mod Podge, fabric, and floral napkins and take home a colorfully decorated clay pot or glass jar. All materials will be supplied.

Maximum of 10 participants. Register at [this link](#) or call Mount Mansfield Villages at 802-858-5321. Let us know if you need a ride.

# HOWARD CENTER ARTS COLLECTIVE

## ~ ARRIVAL & DEPARTURE ~



**Through Tuesday, May 31, 2022**

**Burlington International Airport  
1200 Airport Drive, South Burlington**

The **Howard Center Arts Collective** invites you to visit their Spring exhibition at the Burlington International Airport. Sixteen artists, including Mount Mansfield Villages member Sarah Robinson, address the theme "Arrival and Departure" in their unique way.

Through their interpretations, we 'arrive' in and 'depart' from geographical areas, physical spaces, memories, dreams, mental states, and life itself. The show is on display in the airport skyway until June.

Parking in the airport parking garage costs \$1 for the first hour.

*~ Painting (shown above) entitled "The Road Not Taken" by Sarah Robinson*

## ~ COVID BOOSTER SHOTS ~

*Excerpted from the Vermont Health Department website*

On March 29, the U.S. Food and Drug Administration authorized a second booster dose of either the Pfizer-BioNTech or the Moderna COVID-19 vaccines for people 50 years of age and older. Data continue to show the importance of vaccination and booster doses to protect individuals both from infection and severe outcomes of COVID-19. COVID-19 booster shots are free and widely available in Vermont. For more information, see the [Vermont Health Department website](#).



[Contact Mount Mansfield Villages](#) if you need assistance registering for your second booster or if you need transportation.

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## ~ HOME RAPID ANTIGEN TESTS ~

*Excerpted from Medicare.gov website*



As of April 4, 2022, individuals with Medicare Part B can get up to 8 over-the-counter COVID-19 tests per month for free. You'll be able to pick up tests from eligible pharmacies and other participating healthcare providers. Contact your local pharmacy to see if they are participating and have tests available. Remember to bring your red, white, and blue Medicare card with you when you get your COVID-19 tests. Learn more [here](#).

Over-the-counter at-home tests give rapid results and you can take them anywhere, regardless of your vaccination status or whether or not you have symptoms. [Visit CDC.gov](#) to learn when to test yourself, how to use an over-the-counter test, and what your test results mean.



## ~ AARP HomeFit GUIDE ~

*Excerpted from the AARP website*



Housing units built a generation or more ago were designed to serve a population of family households. But America circa 2020 is a nation in which the dominant household type, accounting for nearly 30 percent of all households, consists of single adults living alone. America's housing stock doesn't fit a rapidly changing and rapidly aging population.

**AARP HomeFit Guide**, a free, 36-page publication, features smart ways to make a home comfortable, safe, and a great fit for older adults. The guide helps people live safely and comfortably by creating a "lifelong home," suitable for themselves and others in their household, no matter a person's age or life stage. Also, register for an AARP HomeFit presentation [here](#).

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## ~ THE FORGETTING ~

*Produced by WCAI*

"The Forgetting," a twice-monthly podcast co-hosted by well-respected Alzheimer's experts David Shenk and Greg O'Brien demystifies Alzheimer's disease.

O'Brien was diagnosed with early-onset Alzheimer's disease in 2009, at age 59. The podcast highlights the friendship Shenk and O'Brien share, while also documenting O'Brien's experience with the disease as it progresses and its symptoms become more pronounced.



The conversations are geared toward people with the disease, as well as caregivers, friends, and loved ones, discussing O'Brien's daily life with Alzheimer's, the tactics he uses to cope, and also featuring guest interviews.

Shenk, author: **The Forgetting: Alzheimer's, Portrait of an Epidemic**

O'Brien, author: **On Pluto: Inside the Mind of Alzheimer's**

"The Forgetting" is available [online](#) and through most podcast platforms.

## ~ 3SQUARESVT IN A SNAP ~

*Excerpted from the VT Department For Children And Families*

Dawn turned 82 on her last birthday. She lives with her husband of 60 years in a small, cozy house just outside of White River Junction. With Social Security as their sole source of income, they have to be extra careful about managing their money.



*"I was raised during World War II. I learned how to buy and cook foods economically. I can feed my family well with a grocery cart full of nothing but vegetables. I can also make a four-pound roast and some vegetables last for almost a week."*

Living on a fixed income can be challenging though, even for someone with Dawn's amazing ability to stretch a dollar. So about nine years ago, she applied for 3SquaresVT—a federal program that helps eligible Vermonters to put food on the table. She doesn't like computers much, so she reached out for help with the application and filled out paper forms.



Dawn's 3SquaresVT benefits are deposited directly into her bank account each month. She uses the money to buy healthy foods to cook for her and her husband. After working as a nurse for more than 50 years, Dawn is ready to enjoy her well-deserved retirement. 3SquaresVT makes it a bit easier to do just that.

*"It's not charity. We've paid our taxes and worked for it."*

### **NEW, EASIER APPLICATION PROCESS**

There is now an easier way for older and disabled Vermonters to apply for benefits. It is called "3SquaresVT in a SNAP". The application is only eight pages long, and you keep your benefits for three years with no additional paperwork. Dawn and her husband qualify for this simplified process because they are both over 60 and have no income from a job.

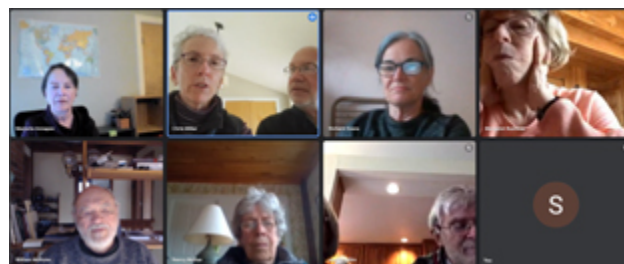
Learn more at [\*\*3SquaresVT in a SNAP\*\*](#).

# REPORTING RESULTS

## THE ART & CRAFT OF STORYTELLING

*from April 2022 "News You Can Use"*

A big thanks goes to Marjorie Annapav, MMV member, for her presentation to nine attendees on the craft of storytelling.



Ideas were exchanged and intentions voiced about further story refinement of some memorable events—the adventure of raising pigs, a child innocently mislabelling body parts, the stress of dealing with a forgetful parent and eldersitting a 99-year-old.

## SAVE THE DATE

### ~ PICNIC SOCIAL & STORYTELLING CIRCLE ~

**Tuesday, June 21, 2022**

(Rain date Thursday, June 23, 2022)

MMV members, volunteers, and family members are invited to the **Brewster River Campground** for a lunchtime picnic social, including a storytelling circle for those interested in sharing their stories.

Marjorie will be available to offer guidance and suggestions for those who would like to polish their stories for possible public presentation.

## READERS DELIGHT

*from April 2022 "News You Can Use"*



Enjoy the recently updated **MMV Reads** section of the **Mount Mansfield Villages** website under the "Events" tab on the top menu bar (you need to be signed in to see the "Events" tab). You'll find links to written Book Correspondences in the Google Group format and an explanation for how to join the Group you're interested in.

# AGING WELL

- **HOMEFIT PRESENTATION** ♦ **ONLINE** ♦

**Wednesday, May 11, 2022, 12:00pm–1:30pm**

AARP Vermont

This presentation, along with the [HomeFit Guide](#), is intended to help people to create a “lifelong home,” no matter a person’s age or life stage. Register [here](#).



- **IDENTITY THEFT** ♦ **ONLINE** ♦

**Monday, May 16, 2022, 2:00pm–3:30pm**

Dartmouth-Hitchcock Health, Aging Resource Center with AARP Vermont



This presentation describes how identity theft occurs, recommends protective steps and explains what to do if it happens to you. More info and registration are [here](#).

- **UNDERSTANDING SMARTPHONES 101: A BEGINNER’S GUIDE FOR OLDER ADULTS** ♦ **ONLINE** ♦

**Thursday, May 19, 2022, 12:00pm–1:30pm**

AARP VT

This hands-on beginner class will cover features of smartphones—common touch screen functions, navigation, contacts, and accessing and quitting apps. Register [here](#).



- **VERMONT ASSISTIVE TECHNOLOGY EXCHANGE** ♦ **ONLINE** ♦

Vermont Assistive Technology Program



The Vermont AT Exchange is a free site for Vermonters to exchange gently used, durable medical equipment. Some examples of listed items are shower benches, canes, walkers, hospital beds, and adapted vehicles. See this [website](#) for more information.



# FOOD FIRST

## • FOOD SHELF DISTRIBUTION

Our local food shelves are amenable to working with MMV to adjust their offerings to be more suitable for our senior members and to allow an MMV volunteer to pick up the food distribution. If you would welcome a food shelf distribution, [contact MMV](#) to discuss your needs.

### **CAMBRIDGE COMMUNITY FOOD SHELF**

**Date:** Weekly on Tuesdays, 1:00pm–7:00pm

**Location:** Second Congregational Church, Jeffersonville

**Information:** [Here](#) or call 802-644-8911



### **ESSEX JERICO UNDERHILL ECUMENICAL FOOD SHELF**

**Date:** Saturday, May 21, 2022, 9:00am–10:30am

**Location:** Good Shepherd Lutheran Church, Route 15, Jericho

**Information:** [Here](#) or call 802-899-3932

## • GRAB 'N GO LUNCH—PROVIDED FOR AGES 60 & OVER

Once registered, request assistance from MMV and a volunteer will pick up the meal and deliver it to you.



**JERICO** - Jericho Community Center, Jericho Center

**Wed, May 11, 2022, 11:00am–12:00pm** (Register by Friday 5/6)

**Menu:** [here](#)

**Register:** Donna at [bellyacr@gmavt.net](mailto:bellyacr@gmavt.net) or (802) 434-3155

**UNDERHILL** - St. Thomas's Church, Underhill Center

**Wed, May 25, 2022, 11:00am–12:00pm** (Register by Friday 5/20)

**Menu:** [here](#)

**Register:** Teri at [office@stthomasvt.com](mailto:office@stthomasvt.com) or (802) 899-4632

## • 3SQUARESVT IN A SNAP

This federal program helps eligible Vermonters put food on the table. For more information, see above at [this link](#) or call 2-1-1.



## ENHANCE YOUR KNOWLEDGE

- **CHICKEN BREAKDOWN 101** ♦ **ONLINE** ♦

**Monday, May 2, 2022, 5:30pm–7:00pm**

City Market–Food Education

Chef Clauss demonstrates how to debone a chicken and will demo some simple recipes. Register [here](#).



- **CIVIL WAR, EMANCIPATION, RECONSTRUCTION, AND AMERICA'S NATIONAL PARKS** ♦ **ONLINE** ♦

**Wednesday, May 4, 2022, 7:00pm**

Vermont Humanities & Norwich Public Library

UVM historian Rolf Diamant explains how anti-slavery activism, war, and the remaking of the federal government gave rise to the concept of national parks. Register [here](#).



- **A BEGINNER'S GUIDE TO CEMETERY SLEUTHING**

**Thursday, May 5, 2022, 6:30pm–7:30pm** ♦ **ONLINE** ♦

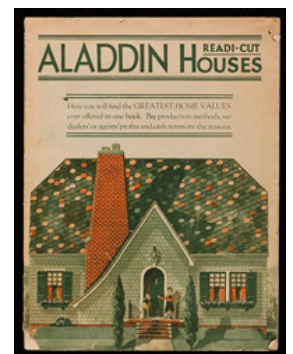
Deborah Rawson Memorial Library

Erin Moulton's genealogical sleuthing will cover strategies to help locate your ancestor's burial place and make the most out of a visit. Register at [this link](#).

- **EDUCATION & ENRICHMENT FOR EVERYONE** ♦ **ONLINE ARCHIVE** ♦

The Spring 2022 EEE lecture series included eight thought-provoking Zoom lectures. If you missed the series, you can read about it [here](#) and view the lectures on [YouTube](#) by searching for their titles. They include:

- **Bungalow in a Box:** Early 1900s Burlington Kit Houses
- **Vermont's Mobile Home Parks:** The Front Lines of Climate Injustice
- **How Music Changed the World:** The Estonian Singing Revolution



# CHANNEL YOUR CREATIVITY



- **CRAFT GROUP**

**Wednesday, May 4 & May 18, 2022, 6:00pm–8:00pm**

Underhill Town Hall

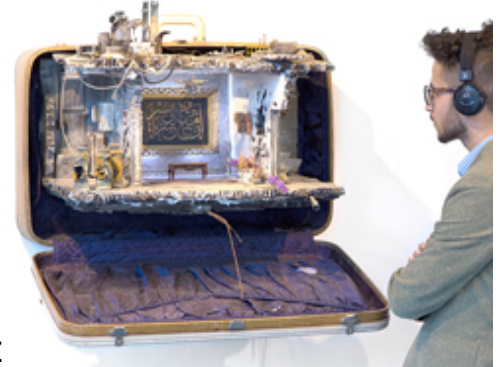
Bring your current craft project and join the group for a social—and productive—two hours! For more info contact Amy Tower, 802-355-9671 or [atowerinvt@gmail.com](mailto:atowerinvt@gmail.com).

- **"UNPACKED: REFUGEE BAGGAGE"**

**Through Friday, May 6, 2022**

Fleming Museum, Burlington

"UNPACKED: Refugee Baggage" is a multi-media installation by Syrian-born artist Mohamad Hafez and Iraqi-born writer/speaker Ahmed Badr. They sculpturally re-create rooms, buildings, and landscapes that have suffered the ravages of war and embed each with the voices and stories of real people. Info is [here](#).



- **AN EVENING WITH JENNIFER SAINT ♦ ONLINE ♦**

**Thursday, May 12, 2022, 6:00pm**

Phoenix Books

Tune into this conversation with Jennifer Saint, author of the creative and spellbinding reimagining of the stories of Ariadne and Elektra. Register [here](#).



- **TRADITIONAL, ART, MODERN—NOTES FROM THE FIELD**

♦ **ONLINE** ♦

**Wednesday, May 18, 2022, 6:00pm**

Shelburne Museum

Quilter Maria Shell will share her personal journey in and about the traditional, art, and modern quilt movements. Register [here](#).



# THE BIRDS AND THE BEES



- **EARLY MORNING BIRDERS' WALK**

**Sundays, May 8, May 15, & May 22, 2022**

**7:00am–8:30am**

Birds of Vermont Museum, Huntington

Discover birds on an early morning ramble in the Museum's forest and meadows. Walks are led by experienced birders familiar with Vermont birds. Maximum 10 participants. More information [here](#). Register [here](#).



Photo collage by Scott Heron

- **ANNUAL BIRD SLIDESHOW–WITH EVERGREEN ERB**

**Thursday, May 12, 2022, 6:00pm ♦ HYBRID ♦**

Deborah Rawson Memorial Library, Jericho

Join this presentation on our resident and newly arrived bird species with Evergreen's very popular slideshow, pairing photos with bird songs. Co-sponsored with the Jericho Underhill Land Trust (JULT). Registration information is [here](#) or call 802-899-4962.

- **ANNUAL BIRD WALK–WITH EVERGREEN ERB & SABINA ERNST**

**Saturday, May 14, 2022, 7:00am**

Mills Riverside Park, Jericho

Join Evergreen Erb and Sabina Ernst for the annual early morning bird "stroll" at the park. Co-sponsored by the JULT and Deborah Rawson Library. Registration information is [here](#) or call 802-899-4962.



- **SLOW BIRDING EVENT—WITH “BIRD DIVA” BRIDGET BUTLER**

**Saturday, May 21, 2022, 10:00am–12:00pm**

Crane Brook Conservation District, Underhill Center

Join “Bird Diva” Bridget Butler and the Underhill Conservation Commission for a slow birding event. Registration is required. Space is limited to 20 participants. The registration form will be posted closer to the event on the Underhill [Town website](#), Front Porch Forum, and Facebook.



- **BIG B.B. IN OUR BACKYARD ♦ ONLINE BLOG ♦**

Bernie Paquette, community member & naturalist

“I probably should have posted this sooner. I sighted a big B.B. in our yard on April 6. I was very happy to see one that early. It must have been very hungry having hibernated all winter, and with so little food about, I don't know how it could fill up with so little for it to eat this early in the season. I did not try to pet it like I did one male last year. This early they are all females which do have the ability to cause some pain; though they do not defend territory or their food source, if handled, they would likely react in defense.

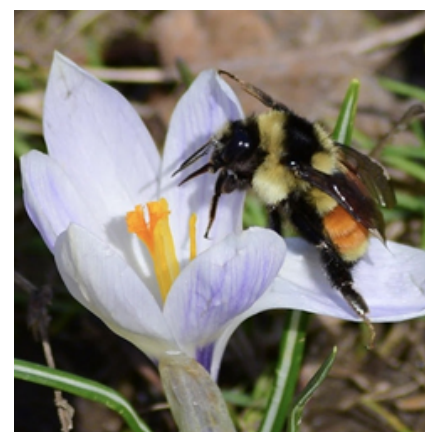


Photo by B. Paquette



Photo by B. Paquette

The VT Fish & Wildlife advises that between 60 to 80 percent of wild plants in our state are dependent on animals, mostly bees, for the 'ecosystem service' of pollination...”

[See the remainder of the story describing the fascinating life of Vermont bees in Bernie’s blog at [this link](#). See Bernie’s ongoing blog posts on the [Jericho Vermont Images of Community](#) website.]

# INSPIRED BY NATURE

- **GREEN UP DAY VERMONT**

**Saturday, May 7, 2022**

Vermont needs our help to stay beautiful! Pick up your free [Green Up Vermont](#) supplies and spend an hour or two picking up litter around town. It makes a huge difference and feels great to give back to our communities.



**CAMBRIDGE GREEN UP**

Bag Supplies: Starting Thursday, May 5 at Hanley's, Cambridge Village Market, The Farm Store, and limited amounts at Cambridge Elementary School and the Town Office

Drop-off Green Up Trash: At the ends/intersections of Town Roads for Highway Crew pick-up on Monday morning

**JERICO GREEN UP** (see [this link](#))

Bag Supplies: Jericho Town Hall, Deborah Rawson Library, and others

Drop-off Green Up Trash: 10:00am–2:00pm, Jericho Town Garage

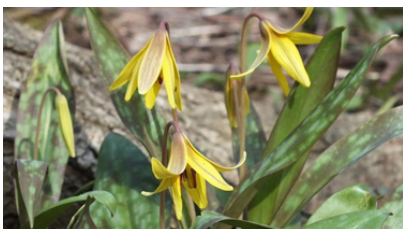
Breakfast: 8:30am–10:00am, Jericho Community Center

**UNDERHILL GREEN UP** (see [this document](#))

Bag Supplies: U'hill Town Hall, Deborah Rawson Library, and others

Drop-off Green Up Trash: 9:00am–2:00pm, Underhill Town Garage

Cookout Celebration: 11:00am–1:00pm, Underhill Town Garage



- **ANNUAL SPRING WILDFLOWER WALK–  
WITH MICHELE TULIS**

**Saturday, May 7, 2022, 10:00am**

Mills Riverside Park, Jericho

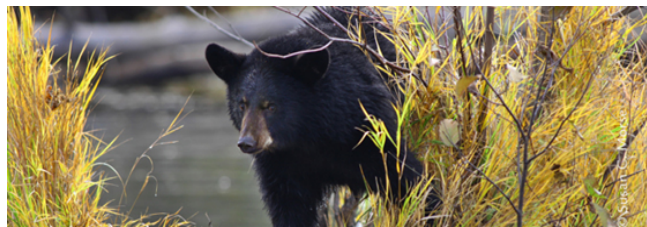
Join this casual walk at Mills Riverside Park as Michele identifies early spring wildflowers and shares traditional and medicinal uses along with interesting stories about the plants. Sponsored by the Jericho Underhill Land Trust. See information [here](#).

- **ALL ABOUT LILACS**

**Saturday, May 14, 2022, 10:00am–12:00pm**

UVM Horticulture Center, South Burlington

Tour the lilac collection with curator Kitty Werner and learn about this easy-to-grow shrub, when to plant them, soil and sun requirements, when and how to prune, and the many varieties and colors. Register [here](#).



- **BEAR WITH US–WITH SUE MORSE ♦ ONLINE ♦**

**Tuesday, May 10, 2022, 5:30pm–7:00pm**

Northeast Wilderness Trust and MRV Bear Initiative

Sue’s presentation offers the most comprehensive discussion of bear scent-marking behaviors, illustrated with dozens of her original images. Registration is [here](#).

- **WILD ANIMALS WE THOUGHT WE KNEW–WITH SUE MORSE**

**Tuesday, May 17, 2022, 5:30pm–7:00pm ♦ ONLINE ♦**

Northeast Wilderness Trust and BEEC

Sue’s studies of scent-marking and “babysitter trees” have contributed to the new body of research that shows how little we have understood these animals. Registration is [here](#).

[Photos by Susan Morse]



# COOK'S CORNER

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## NEW ENGLAND HERMITS

*Contributed by MMV volunteer and Board Member Nori Geary*

The Hermit recipe appears to have originated in 1880 in the *Champlain Valley Book of Recipes* and created a spiced cookie with raisins or currants and with brown sugar as the sweetener. In the greater New England area, Hermit recipes used white sugar instead, and that practice continued up until the 1930s. A decade later white sugar and molasses came to be used in the recipe and have become the modern-day standard. By the mid-1900s nuts were being added to Hermits along with a variety of dried fruits.

### INGREDIENTS:

- 1/2 cup butter or shortening
- 1 1/4 - 1 1/2 cups white sugar
- 2 eggs
- 1/4 cup molasses
- 3 cups flour
- 1/2 tsp salt
- 1 1/2 tsp baking soda
- 1 tsp ground cloves
- 1 tsp ground ginger
- 1 tsp ground cinnamon
- 1 tsp ground nutmeg
- 3 Tbsp water
- 1 - 1 1/2 cups dried fruit (raisins, sour cherries, currants, cranraisins, ...)





## **DIRECTIONS:**

### **Step 1**

Bring butter to room temperature. Preheat the oven to 350 °F.

### **Step 2**

Mix butter with the sugar until creamy.

Mix in 1 egg and molasses.

Mix in other dry ingredients (except for fruit) and add water 1 Tbsp at a time; dough should be dense and a bit sticky.

Mix in fruit.

### **Step 3**

Form into 3 or 4 logs; place the logs on a buttered baking pan and press until about 3/4 inch thick. It is usually easiest to bake 1 or 2 logs at a time as they spread sideways as they bake.

Beat the second egg; brush it onto the dough.



### **Step 4**

Bake 15–18 minutes at 350° F until the top is golden; do not let them dry out.

Cool on a rack and eat—or store in a closed container.

### **Nori suggests:**

They are delicious warm or two weeks later, almost stale.

Eat warm with whipped cream or ice cream.

Prepare with raisins or no fruit and serve with whipped cream and fresh strawberries—the best!

Cook the leftover egg and feed it to the dogs.

## MEET A FRIENDLY NEIGHBOR

~ **KELLY HUMPHREY** ~

Mount Mansfield Villages Volunteer

***I grew up in Underhill Flats*** and graduated from the University of Vermont with a Bachelors in Nursing in 2008. After college, I felt it was important to explore somewhere different from Vermont, and I moved to Boston to work as a nurse. In 2013, I married my long-time boyfriend, Tim Humphrey of Jericho, Vermont. We knew we both wanted to get back to Vermont as soon as possible, and in the fall of 2014, we purchased a home in Cambridge. We moved back permanently in 2015—one month before the arrival of our first son.



We still live in the same house, but our family has grown! We have two sons, Henry (7) and Will (4), and a Golden Retriever named Gertrude. I am a wound care certified nurse at the University of Vermont Medical Center. I love the seasons of Vermont and all each has to offer! In my free time, I enjoy hiking, skiing, gardening, and playing with my kids. I am also a volunteer for the [Varnum Memorial Library](#) in Jeffersonville and the [Cambridge Beautification Project](#).



From my experience as a nurse, I have witnessed how difficult it can be as people age to stay independent and in their homes. I learned about Mount Mansfield Villages in 2019 right before they went “live” and immediately signed up to volunteer. I love the idea of getting to know community members and helping when someone is in need.

For now, life is busy between work and small children at home and the amount of time I can volunteer is limited. I enjoy sending the Mount Mansfield Villages member Birthday cards and try to sign up for other odd jobs here and there when I am able. I look forward to helping more in the future as I think it’s important we involve a younger generation of volunteers to see that MMV continues to thrive.

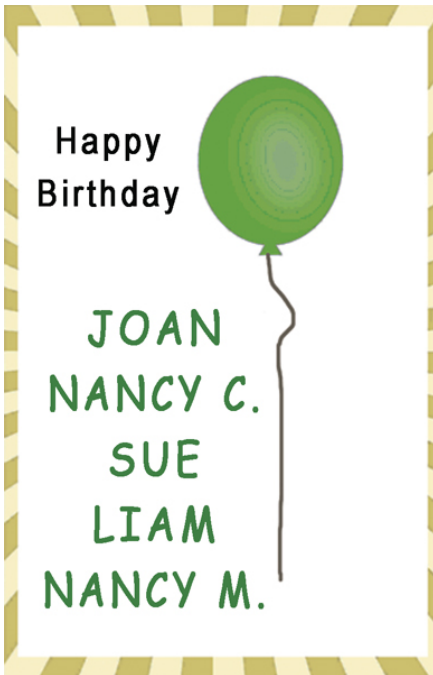


*"Volunteers don't get paid, not because they're worthless, but because they're priceless."*

*~ S. Anderson*



## SPECIAL SALUTE



### BIRTHDAY IN HISTORY

"The Old Groaner"

**Bing Crosby**, born Harry Lillis Crosby in Tacoma, Washington on May 3, 1903, was an illustrious American actor and singer. He is regarded as one of the top-selling recording artists of all time, and the credit goes to **his trademark warm bass-baritone voice**. He is said to have sold more than one billion analog tapes, digital compact discs, and records, along with downloads across the globe. Besides being a leader in record sales, motion picture grosses, and a radio rating, Crosby was the first multimedia star. His **singing style** had an influence on many popular male singers, including Frank Sinatra, Dean Martin, and Perry Como.



~ from thefamouspeople.com

*"Honestly, I think I've stretched a talent which is so thin it's almost transparent over a quite unbelievable term of years."*

~ Bing Crosby



### WE THANK OUR GENEROUS COMMERCIAL DONORS

Ben and Jerry's Foundation  
Cambridge Rotary  
Concept2, Morrisville  
Eagles Club, Jeffersonville  
The Harnisch Foundation

Hickok and Boardman, Inc.  
Jericho United Methodist Church  
SecurShred, South Burlington  
Union Bank, Jericho  
United Church of Underhill





## Mount Mansfield Villages

It takes a village to help older adults stay in their homes, live independently, and remain connected. Mount Mansfield Villages (MMV) is a nonprofit 501(c)3, membership organization formed to provide a supportive village for residents of Cambridge, Underhill, & Jericho.

### Want more information about MMV?

Visit our website [www.mountmansfieldvillages.org](http://www.mountmansfieldvillages.org)

Email us at [mountmansfieldvillages@gmail.com](mailto:mountmansfieldvillages@gmail.com)

Call us at (802) 858-5381

Please get in touch if you'd like to explore becoming a member, volunteer, sponsor, donor, or commercial service provider.



**MMV News You Can Use** is a resource to share information that might be of interest to its members, volunteers, sponsors, and friends. The events listed are a collection of activities—some digital and others in the local area—that may appeal to our readers. Mount Mansfield Villages does not endorse event providers or listings other than the events it specifically sponsors or co-sponsors.

If you have suggestions for postings, problems with “links” in the newsletter, or if you wish to unsubscribe, please let us know at [mountmansfieldvillages@gmail.com](mailto:mountmansfieldvillages@gmail.com).

# PURE PUZZLEMENT

From 1950's Adult Activity Book by Sharper Mind Press. Answers are on **page 24**.

## Doris Day Movies

1. A \_\_\_\_\_ A \_\_\_\_\_  
UVTDP DK VUTDM  
U = A

6. \_\_\_\_\_  
KP VJHHSGSM PI UJGS  
J = A

2. \_\_\_\_\_  
VLSLZFXE KLHP  
P = E

7. \_\_\_\_\_  
FHI CWX FJW  
F = T

3. \_\_\_\_\_  
LCPPGS KZPI  
C = I

8. \_\_\_\_\_  
ILPVR BS OGBZS  
S = T

4. \_\_\_\_\_  
RFJ XHIHGH AHGJ  
J = E

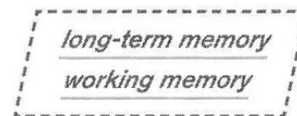
9. \_\_\_\_\_  
IOV KVPI QZJTI PIZLN  
V = E

5. \_\_\_\_\_  
IODWKOH'Y FOI  
I = T

10. \_\_\_\_\_  
DXWAC PJ  
P = M

From "399 games, puzzles & trivia challenges specially designed to keep your brain young" by Nancy Linde. Answers are on **page 24**.

# something *old*, something *new*



All of the answers in this word definition game contain the letters OLD or NEW.

1. A type of salamander.

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2. That furry green stuff that grows on cheese that's been around too long.

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3. Low-melting alloy that is used to connect metal to metal.

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4. A fig cookie . . . or a seventeenth-century physicist.

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5. Another word for infant.

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6. This decorative fish, which comes in all shapes, sizes, and colors, is actually a carp.

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7. A temporary structure on the outside of a building, often used by construction workers.

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8. You'll need this to play Pin the Tail on the Donkey.

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9. You can always find horoscopes, classified ads, and op-eds in one of these.

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10. You don't want to take a pan off the stove without one of these.

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11. Many a new bride has been carried over this.

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12. This word can precede *war* or *turkey*.

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13. It's just another word for wallet.

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14. A piece of tough fibrous tissue that connects muscle to bone or bone to bone. It's good to have in the body . . . but not in a steak.

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Below (and upside-down) are the answers to the puzzles in this edition of *News You Can Use*:

- 1. Newt
- 2. Mold
- 3. Solder
- 4. Newton
- 5. Newborn
- 6. Goldfish
- 7. Scaffold
- 8. Blindfolded
- 9. Newspaper
- 10. Potholder
- 11. Threshold
- 12. Cold
- 13. Billfold
- 14. Sinew

DORIS DAY MOVIES

- 1. April in Paris
- 2. Calamity Jane
- 3. Pillow Talk
- 4. The Pajama Game
- 5. Teacher's Pet
- 6. It Happened To Jane
- 7. Tea For Two

8. – 10. Extra credit! The puzzle book accidentally left out the answers.  
Send an email to Mount Mansfield Villages at **mountmansfieldvillages@gmail.com** with your answers for #8-10, and we'll publish them in the next newsletter!

SOMETHING OLD, SOMETHING NEW